

# Resident's Digest

IN HOME JOURNAL

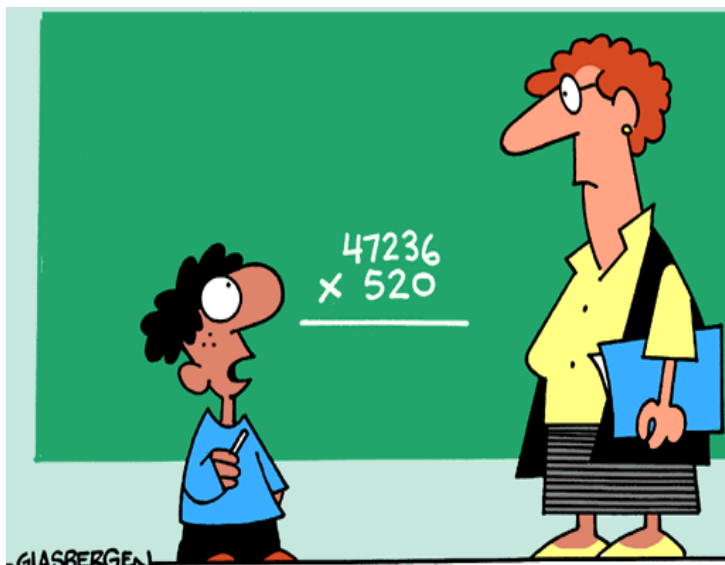
## Veteran's Day

Wednesday, November 11th, is a day to honor some of America's greatest heroes. It is a day to honor those men and women who have stood up for our freedoms, liberties and lives. We call them American Veterans.

This Wednesday the Cordell Christian Home will be honoring its very own veterans. We will be attending a program at the Cordell High School at 10:00am where the Cordell High School Band will be putting on a special performance.

We have eight very special American veterans living at CCH. These veterans are Jacob Black (Army), Bob Bond (Navy), George Drake (Navy), Jim Fleming (Air Force), Oscar Isbell (Air Force), Rudy Meget (Army), Jr. Murphy (Army), and Don Sloan (Don Sloan). We also have a special veteran who works for CCH, Allen Johnson (Navy). If you see any of these wonderful men this week, remember to thank them for the great service and years that they gave for this country.

Dedicate your Wednesday to praying for all of those men and women who have fought and are currently fighting for us today. Your life and mine would not be the same without them.



"AREN'T THERE ENOUGH PROBLEMS IN THE WORLD ALREADY?"

## How I Became a Black Belt

A week ago Sunday with weather so warm,  
karate class met in the park.  
We practiced our kicks, then we studied our  
form  
and chopped at the sycamore bark.

I sat and I rested beneath that great tree  
while Christopher worked on his stance.  
My mind was so focused that I didn't see  
the ants marching straight up my pants.

The ants in my britches were biting me there.  
The bite marks were starting to swell.  
I itched, so I kicked and I clawed at the air,  
then spun as I let out a yell.

I twirled and I jumped with such dizzying speed  
while trying to scratch at the bites.  
The teachers looked on and then quickly agreed  
my skills had reached masterful heights.

For twenty-three minutes I pranced without  
pause.

I shrieked at each itchy red welt.  
I finished at last to the master's applause.  
He bowed and he gave me his belt.

By  
Jeff Mondak



A wave breaks over Kalk Bay harbor wall in False Bay, Cape Town, South Africa, on Oct. 26. A cut-off low-pressure system and gale-force winds coupled with big swell created a powerful storm surge in the bay. - MSNBC

# This Week's Activities

Monday, November 9<sup>th</sup>

- 9:30 Nails & Tales
- 1:30 Games
- 4:00 Story

Tuesday, November 10<sup>th</sup>

- 10:00 Bingo
- 11:30 Five Alive
- 4:30 Resident Council

Wednesday, November 11<sup>th</sup>

*~Veteran's Day~*

- 9:30 Veteran's Day Program
- 10:00 Devotional
- 2:00 Popcorn & Movie

Thursday, November 12<sup>th</sup>

- 10:00 Bingo
- 11:30 Five Alive
- 3:00 Cooking Class

Friday, November 13<sup>th</sup>








- 10:00 Bingo
- 11:30 Five Alive
- 3:00 Social Circle

Saturday, November 14<sup>th</sup>

- 10:00 Trivia
- 2:00 Movie & TV

Sunday, November 15<sup>th</sup>

- 9:00 Worship
- 2:00 Music

Weather Compliments of: Weather.com		High / Low (°F)	Precipitation %
Mon Nov 09	 Mostly Cloudy	60°/45°	10 %
Tue Nov 10	 Mostly Sunny	57°/40°	10 %
Wed Nov 11	 Sunny	62°/42°	0 %
Thu Nov 12	 Sunny	63°/43°	0 %
Fri Nov 13	 Partly Cloudy	60°/40°	20 %
Sat Nov 14	 Showers	60°/40°	30 %
Sun Nov 15	 AM Clouds / PM Sun	56°/39°	20 %

## Weekly Devotional

Love Those Who Hate You

But I tell you: Love your enemies and pray for those who persecute you. If you love those who love you, what reward will you get?

Matthew 5:44, 46

You are a good person if you love those who love you and an exceptional person if you can bring yourself to love those who hate you. You can change lives through the love of Christ, always remember this.