

Cordell Christian Home's Resident's RDigest

The Sunday edition of Parade Magazine stated that there are nearly 1.4 million elders living in nursing homes in the U.S. today! With this many frail elders to be cared for, it is the responsibility of every health provider to provide the best care available. This is why Dr. Bill Thomas put together the Green House™ Project and why the Cordell Christian Home is beginning to partially integrate the Green House philosophy into our facility.

What is the Green House philosophy?

It is a forward thinking way of taking care of our elders! The institutional way of living with set mealtimes, loud medicine carts and food carts, and high amounts of employee turnover are minimized or completely eliminated. The institution becomes a residence and the patients and staff become a family. Residents have more choice, independence, and interaction with others. It is the development of a comforting and calm home environment while still offering the same care and protection of a nursing home. It is a 360° turn from what nursing homes were 40 years ago!

The Cordell Christian Home will partially integrate the Green House concept in the near future and is already doing several things to begin the change now. We offer activities to our residents that give them independence and meaning. They can grow their own vegetable garden, prepare meals and try new recipes, help clean and do laundry, and make their own choice about when and where they do things. CCH doesn't have that "nursing home" atmosphere that is so off-putting and our staff is taught to help out with every task in the home. Office staff helps residents write letters and e-mails, nursing staff pitch in on cleaning, and housekeeping and maintenance staff often enjoy going outside and spending time with the elders. We are working diligently to minimize the usage of medicine carts and food carts, while focusing on transforming the facility from an institution to a home. We are making a change for the better and the future ahead is bright!

The Green House "home" philosophy is truly the new way of taking care of our frail elders and those needing 24-hour nursing care. The environment is more loving and calm and the University of Minnesota stated, "Residents are less depressed and are able to perform daily functions longer than people in regular nursing homes." The current change over is going wonderfully at CCH and the future will be even more amazing. We hope we get the pleasure to share this new found concept with you and your loved ones!

For more information please feel free to call the Cordell Christian Home at 580-832-3371.